

IYENGAR YOGA RETREAT IN ISRAEL

with MARLA APT

Join us for an unforgettable experience in the land of Israel **April 19-28, 2015**, for yoga and sight seeing around this fascinating, ancient country. Spend 7 nights in Kibbutz Dalia's wooden guest cabins situated in central Israel, at the foot of Mt. Carmel. The kibbutz is surrounded by green fields and inspirational views, with vegetarian meals prepared from home-grown ingredients.

We are excited to offer you the combination of daily yoga practice and trips to experience the history, culture and nature of Israel. We will be visiting the unique town of Zichron Ya'akov (winery tour), Ceasaria, an ancient Roman city, Haifa, Tel Aviv and Jerusalem. A special trip to Massada and the Dead Sea will include the healing mud and mineral waters.

Pricing \$2500 (\$2800 after February 15, 2015) includes:

- 7 nights accommodations (double occupancy) at Kibbutz Dalia
- 2 nights accommodation (double occupancy) in Jerusalem
- Daily breakfast, some lunches and dinners
- Seven days of yoga with Marla
- Day tours with guide
- Optional hikes in the beautiful surrounds of Kibbutz Dalia
- Swimming in the Mediterranean and Dead Sea

Excludes airfare, airport transfers, travel insurance and gratuities

Reservation: To hold your space, a non-refundable \$500 deposit is due by January 10, 2015. Final balance is due by February 15, 2015. **Cancellation:** 50% of payment is refundable before February 15, 2015. Payments are non refundable after this date. **Travel Insurance:** Strongly recommended.



For more information, please contact yehudit.s.coutin@gmail.com